

Ubiquinol is the active antioxidant form of Co-Q-10 and is considered to be one of the strongest lipid soluble antioxidants. It is pre-converted, so it is easily assimilated and utilized by the body. Ubiquinol is a critical component of cellular ATP (energy) production within every mitochondria—the "powerhouse" for all cells—in your body. As a result, it plays a vital role in generating energy to power organs such as the brain, heart, kidneys, liver and lungs. The body's natural production of Co-Q-10 diminishes with age, as does the ability to convert the nutrient into ubiquinol. While everyone is different, maintaining a healthy level of Co-Q-10 is very important.

- Protects your energy-producing mitochondria from free radical damage, thus indirectly supporting energy production.
- Is absorbed more efficiently than the standard Co-Q-10.
- Recharges other antioxidants in your body, such as glutathione and vitamins A, C and E.<sup>(1)</sup>
- Supports cardiovascular and cognitive health.
- Promotes healthy lifestyles as well as increasing your energy and stamina.

• Is a major cellular communication substance, as it has been shown to activate nearly 700 different genes!

Ubiquinol 100 helps maintain a healthy body by giving you more energy and even better antioxidant protection.



Kaneka QH Ubiquinol® is a registered trademark of Kaneka Corporation.

## REFERENCES:

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## **Supplement Facts**

Serving Size 1 Softgel Capsule Servings Per Container 30

Amount Per Serving	% Daily Va	lue
Ubiquinol (Advanced Form of Co-Q-10)	100 mg	*
*Daily Value not established.		

INGREDIENTS: D-Limonene Oil, Capsule Shell (Gelatin (Bovine), Glycerin (Vegetable), Water (Aqua), Caramel Liquid), Ubiquinol, Caprylic Acid (Vegetable), Capric Acid (Vegetable), and Alpha Lipoic Acid (Antioxidant).

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As with all supplements, please consult your physician prior to taking if you are pregnant or attempting to become pregnant, breast-feeding, under a doctor's care or taking prescription medication.

Allergy Information: This product is processed in the same facility that processes products containing fish, shellfish, soy and dairy.

The only ingredient from animal sources is: Gelatin (Bovine).

This product was not tested on animals.

DIRECTIONS: One softgel capsule per day.

\$\text{These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.