

YUMMIES

Chewable Multivitamin Gummy Bears



Packed with key vitamins and minerals, Lifeplus® Yummies are a great way for kids to supplement with the nutrients needed for growth and development!

- Vitamin B-12 and Vitamin C which help support the immune system.
- Vitamin D supporting development of bones in children.
- Iodine which supports normal growth in children.

With natural fruit flavors, Lifeplus® Yummies are a delicious chewable multivitamin for kids age 2 and up. Kids love these great-tasting, fun bear shapes in three yummy flavors in one bottle: Strawberry, Orange and Lemon.

REFERENCES:

1. Micronutrient Requirements of Children Ages 4 to 13 Years, Linus Pauling Institute, Micronutrient Information Center, Oregon State University. And references cited therein. Ref: <http://lpi.oregonstate.edu/mic/life-stages/children>
2. Recommended Dietary Allowances, 10th Edition, Subcommittee on the Tenth Edition of the RDAs, Food and Nutrition Board, Commission on Life Sciences, National Research Council. National Academy Press, Washington, D.C. 1989.

Supplement Facts
Serving Size / 2 Gummy Bears
Servings Per Container / 100

Amount Per Serving		% Daily Value	
		Children 1 through 3 years (2 gummy bears)	Adults & children 4 or more years ² (2 gummy bears)
Calories	15		
Total Carbohydrate	4 g	3%*	1%**
Total Sugars	4 g		
Includes 4g Added Sugars		16%	8%
Vitamin A	780 mcg RAE	260%	87%
Vitamin C	20 mg	133%	22%
Vitamin D-3	20 mcg	133%	100%
Vitamin E	11 mg	183%	73%
Vitamin K-1	20 mcg	67%	17%
Vitamin B-6	1.04 mg	208%	61%
Folate (260 mcg Folic Acid)	433 mcg DFE	287%	108%

Amount Per Serving		% Daily Value	
		Children 1 through 3 years (2 gummy bears)	Adults & children 4 or more years ² (2 gummy bears)
Vitamin B-12	5.1 mcg	567%	213%
Biotin	60 mcg	750%	200%
Pantothenic Acid	5.2 mg	260%	104%
Iodine	42 mcg	47%	28%
Zinc	2.7 mg	90%	25%
Selenium	20 mcg	100%	36%
Choline (as Choline Bitartrate)	40 mcg	***	***
Inositol	40 mcg	***	***

*Percent Daily Value is based on 1,000 calorie diet.
 **Percent Daily Value is based on 2,000 calorie diet.
 ***Daily Value not established

INGREDIENTS: Sucrose, Glucose Syrup, Water, Pectin, Vitamin C (L-Ascorbic Acid), Citric Acid, Vitamin E (D-Alpha-Tocopheryl Acetate; from Soy), Vitamin A (Retinyl Palmitate), Sodium Citrate, Zinc Citrate, Pantothenic Acid (Calcium-D-Pantothenate), Natural Flavors (Strawberry, Orange, Lemon), Vitamin D-3 (Cholecalciferol), Vitamin K-1 (Phytomenadione), Natural Colors (Beta-Carotene, Black Carrot), Vitamin B-6 (Pyridoxine HCl), Biotin, Vitamin B-12 (Cyanocobalamin), Vegetable Oil (Coconut Oil) and Carnauba Wax Blend, Potassium Iodide, Folic Acid, Choline Bitartrate, Sodium Selenite, and Inositol.

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CAUTION: Contains preformed Vitamin A. Women trying to conceive or those pregnant should not consume more than 10,000 IU of preformed Vitamin A per day from both supplements and the diet together. As with all supplements, please consult your physician prior to taking if you are pregnant or attempting to become pregnant, breast-feeding, under a doctor's care or taking prescription medication. When using as a supplement for small children, an adult should supervise its use so as to avoid potential choking.

Allergy Information: This product is processed in the same facility that processes products containing fish oil.

This product was not tested on animals.

Suitable for Vegetarians.

DIRECTIONS: Adults and Children 2 or More Years: Chew two Gummy Bears once a day as a general vitamin and trace mineral supplement. Close the child-resistant container securely after each opening, and store out of the reach of children.

⚠These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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