

# FOREVER YOUNG

## Helps Reduce Appearance of Fine Lines & Wrinkles◊

**How does Forever Young reduce the appearance of fine lines and wrinkles?** You can help lessen the signs of aging by promoting and retaining your youthful appearance with Forever Young tablets. As we age, most of us begin to notice changes in the resiliency of our skin and the texture of our hair. The amazing unparalleled blend of nutrients in this unique dietary supplement are derived from proprietary marine extracts and are like “skin food from the sea”. In addition to its proprietary marine extract, Forever Young tablets contain chondroitin sulfate, collagen-building amino acids, silicon, and other nutrients known for their ability to support healthy collagen levels.◊ These ingredients help the skin to maintain tone, resiliency, and elasticity from within by supporting healthy, youthful skin cells.◊

Forever Young tablets enhance the effects of face and body creams, oils or lotions, regardless of which products you use. Try supplementing your diet with this product for three months, with before and after close-up facial pictures taken — many people report they can see a definite difference! Forever Young tablets help to reduce the appearance of fine lines and wrinkles — especially around the eyes. This product helps you stay Forever Young; its name says it all!

### Marine-Derived Nutrients Enhance the Production of Collagen◊

Double-blind clinical studies, using the proprietary marine extract in Forever Young, were performed in Finland, the Netherlands, and the United States on middle-aged women with a history of significant sun exposure. These studies showed improvements by both subjective and objective measures of skin after just 8 weeks, compared to participants who received a placebo.

Forever Young is a truly amazing product. These tablets are literally “skin food from the sea” as they contain an entirely unique blend of primarily marine-derived nutrients. These nutrients support and enhance the body's production of collagen and elastin, the primary structural support system of the skin.◊

Many people in clinical studies, as well as consumers, report healthier and more resilient texture of hair and nails, as well as skin, after several months of using this dietary supplement.

In addition to the proprietary marine extract, which is rich in glycosaminoglycans (GAGs)—the building blocks of cartilage—Forever Young contains chondroitin sulfate—another source of GAGs).

### Synergistic Components

Other synergistic components of this wonderful supplement include rice protein, hydrolyzed collagen, Norwegian kelp (an excellent source of trace minerals), antioxidants (such as vitamins C, D, and E), natural carotene complex, zinc, silicon, and acerola cherry extract.



Concentrated enzymes from papaya and pineapple are also included to enhance assimilation of flavonoids and other nutrients.

### Nourishing Skin From Within

As a part of the natural aging process, collagen and elastin – the protein “glues” of the body—begin to decrease, resulting in a loss of elasticity of skin and other structures. The natural marine extract and other nutrients in Forever Young tablets help promote and maintain healthy levels of collagen and elastin.◊ Unlike topical skin care products, Forever Young's special nutrients work from the inside, helping the skin maintain its youthful glow and appearance.◊

They also provide nutritional support to these structural proteins throughout your entire body. Forever Young tablets are especially beneficial for those who live or work in harsh environments, which increases exposure to free radical attack.

Try it for 3 months, with before and after close up facial pictures. By doing so many people report a visible difference. This product, as its name says, helps you stay—Forever Young, or at least Forever Younger!

REFERENCES:

1. Sands VM, Smith JG. Alterations in human dermal fibrous connective tissue with age and chronic sun damage. In: Advances in Biology of Skin, vol 6 (Montagna W. ed). Springfield: Charles C. Thomas, 1957

2. Heule F. An oral approach to the treatment of photodamaged skin: a pilot study. J International Medical Research 1992 Jun; (20)

3. Kieffer ME, Efsen J. Imedein in the treatment of photoaged skin: an efficacy and safety trial over 12 months. J Eur Acad Dermatol Venereol 1998 Sep; 11 (2): 129-36

### Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 60

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (100% as Beta-Carotene)	300 mcg RAE 33%	Hyaluronic Acid	10 mg *
Vitamin C	15 mg 17%	Rice Protein Isolate	100 mg *
Vitamin D	1.25 mcg 6%	Hydrolyzed Collagen	40 mg *
Vitamin E	4 mg α-TE 27%	Kelp Whole Plant	33 mg *
Zinc	2 mg 18%	Acerola Fruit Extract	5 mg *
Marine Concentrate	300 mg *	Silicon	3 mg *
Chondroitin Sulfate	350 mg *		

INGREDIENTS: Chondroitin Sulfate, Marine Concentrate (from Shark), Microcrystalline Cellulose, Rice Protein Isolate, Hydrolyzed Collagen (from Cod, Pollock and Haddock), Kelp (*Ascophyllum nodosum* Le Jol.) Whole Plant, Croscarmellose Sodium, Vitamin C (L-Ascorbic Acid), Zinc Gluconate, Stearic Acid, Hyaluronic Acid (from Rooster Combs), Silica, Magnesium Stearate, Vitamin A (Beta-Carotene), PhytoZyme® proprietary blend (Bromelain, Papain, Alfalfa, Parsley, Carrots, Broccoli, Pea, Banana, Cantaloupe, Lima Beans, Mango, Pumpkin, Spinach, Tomato, Cauliflower, Orange, Papaya, Sweet Potato, Asparagus, Beet, Green Bean, Snow Pea, Blueberry, Chili Pepper, Cranberry, Cucumber, Guava, Grapefruit, Kale, Lemon, Maitake Mushroom, Peach, Pineapple, Watercress, Zucchini), Acerola (*Malpighia punicifolia* L.) Fruit Extract, Natural Vanilla Flavor, Vitamin E (D-Alpha-Tocopheryl Acid Succinate; from Soy), and Vitamin D3 (Cholecalciferol).

\*Daily Value Not Established.

As with all supplements, please consult your physician prior to taking if you are pregnant or attempting to become pregnant, breast-feeding, under a doctor's care or taking prescription medication.

This product is processed in the same facility as products containing fish, shellfish, soy and dairy.

Not tested on animals

**DIRECTIONS:** One tablet, twice a day as nutritional support for collagen in the skin and whole body.◊

◊These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.