

MICRO•MINS™ PLUS

Supports Overall Health & Wellness[◇]



How does Micro•Mins™ Plus support overall health & wellness? Micro•Mins Plus contains a wide variety of high-quality trace and ultra-trace minerals that provide nutritional support to your entire body.[◇] Micro•Mins Plus is a quick and easy way to supplement these minerals in your diet on a regular basis.

Minerals are the foundation of our bodies since minerals are structural components of the body, as well as important parts of biochemical messengers and enzymes that are fundamental to our life processes. Lifeplus carefully researched the various sources of the minerals contained in Micro•Mins Plus and uses only the best-quality, plant-derived colloidal minerals in the world. These minerals are found in organic humic shale that, during prehistoric time, was lush vegetation. As the plants died, they accumulated and through nature's forces eventually compressed and dried, forming the mineral deposit from which Micro•Mins is derived. Because of the high pressures exerted on this plant material over geologic time, the minerals are ground into extremely fine particles. A proprietary low-temperature process has been developed to extract the minerals with purified

water which is then vacuum dried to produce this highly concentrated plant derived organic mineral supplement. Micro•Mins Plus contains a wide variety of high-quality trace and ultra-trace minerals that provide nutritional support to your entire body. Micro•Mins Plus is a quick and easy way to supplement these minerals in your diet on a regular basis without having to purchase numerous supplements. Micro•Mins Plus contains many trace and ultra-trace minerals. Trace minerals are defined as those required in amounts less than 100 mg per day, and ultra-trace minerals are needed only in microgram (thousandths of a milligram) quantities.

Naturally rich in a highly useable form of organic iron, Micro•Mins Plus provides iron, which is needed by growing children and menstruating women. In addition,

extra magnesium, and potassium are added, including alkalinizing bicarbonate.

The wide variety of trace and ultra-trace minerals contained in Micro•Mins Plus provide a rich and concentrated source of minerals.

A half century of chemical fertilizer based agriculture, without returning organic material to the topsoils (except in organic farming), may have resulted in trace mineral depletion of the topsoil and the foods and animals raised on them. Mainstream science has not yet clearly defined a role for many of the minerals contained in Micro•Mins Plus, but nature's wisdom placed them in the prehistoric plant life that over millions of years became humic shale—the ultimate source of this unique nutritional supplement.

[◇]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

REFERENCES:

1. Nielsen FH. Nutritional significance of the ultratrace elements. Nutr Rev 1988; 46:337. <<http://www.uptodate.com/contents/overview-of-dietary-trace-minerals/abstract/9>>

Supplement Facts

Serving Size / 2 Capsules

Servings Per Container / 30

Amount Per Serving	% Daily Value	
Calcium	145 mg	11%
Iron	0.1 mg	6%
Magnesium	87 mg	22%
Zinc	0.3 mg	4%
Manganese	0.7 mg	39%
Potassium	99 mg	2%
Organic Humic Shale (Organic Phyto Minerals)	600 mg	*
Organic Sulfur	154 mg	*

*Daily Value not established

INGREDIENTS: Organic Humic Shale, Calcium Carbonate, Potassium Bicarbonate, Hydroxypropyl Methylcellulose (Capsule Shell), Magnesium Sulfate, PhytoZyme® proprietary blend (Bromelain, Papain, Alfalfa, Parsley, Carrots, Broccoli, Pea, Banana, Cantaloupe, Lima Beans, Mango, Pumpkin, Spinach, Tomato, Cauliflower, Orange, Papaya, Sweet Potato, Asparagus, Beet, Green Bean, Snow Pea, Blueberry, Chili Pepper, Cranberry, Cucumber, Guava, Grapefruit, Kale, Lemon, Maitake Mushroom, Peach, Pineapple, Watercress, Zucchini), and Magnesium Stearate.

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Micro•Mins™ Plus provides natural organically bound trace minerals collected using low temperature processing from 70 million year old pre-historic humic shale deposits.

As with all supplements, please consult your physician prior to taking if you are pregnant or attempting to become pregnant, breast-feeding, under a doctor's care or taking prescription medication.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Allergy Information: This product is processed in the same facility that processes products containing fish/shellfish, soy and dairy.

This product was not tested on animals.

Suitable for Vegans.

DIRECTIONS: Two capsules a day. Store in a cool dry place.

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