## REAL NRG

Specifically Formulated to Help Support Safe, Convenient Energy



Real NRG is a great tasting alternative to coffee or soda that is packed with vitamins, minerals, amino acids and natural, energizing guarana. Simply mix Real NRG with water or your favorite juice to create a great-tasting drink that helps support energy and alertness without the crash associated with coffee or energy drinks. Perfect for athletes, late-night projects or just getting over that mid-day hump. Real NRG is the drink for anyone who needs a healthy pick-me-up – day or night.

## REFERENCES:

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- 2. "Behavioral effects of dietary neurotransmitter precursors: basic and clinical aspects.: S.N. Young, Neurosci. Biobehav. Rev., 20 (2): 313-323, 1996, Summer.
- 3. "The Amino Revolution." Dr. Robert Erdmann and Meirion Jones. Century, London, 1987.
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- 6. Astrup A, Toubro S, Cannon P, et al. Caffeine: a double-blind, placebo-controlled study of its thermogenic, metabolic, and cardiovascular effects in healthy volunteers. Am. J. Clin. Nutr., 51 (5): 759-767, 1990, May.
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## Supplement Facts

Serving Size 1 Level 15 cc scoop (13.6 g)

Servings Per Container 60

Amount per serving	% Da	aily Value	Amount per serving	
Calories	48		Pantothenic Acid	
Total Carbohydrates	11 g	4%*	Zinc	
Total Sugars	11 g		Chromium	
Includes 11 g Added Sugars		22%	Caffeine	
Vitamin C	100 mg	111%	L-Carnitine	
Vitamin E	8.3 mg <b>α</b> -TE	55%	Glycine	
Thiamin (Vitamin B1)	2 mg	167%	L-Phenylalanine	
Riboflavin (Vitamin B2)	2 mg	154%	Taurine	
Niacin	18 mg	113%	L-Tyrosine	
Vitamin B6	3 mg	176%	*Percent Daily Values are	
Folate	333 mcg DFE	83%	**Daily Value not establ	
Vitamin B12	30 mcg	1250%		

Amount per serving	% D	aily Value	
Pantothenic Acid	30 mg	600%	
Zinc	3 mg	27%	
Chromium	40 mcg	114%	
Caffeine	170 mg	**	
L-Carnitine	100 mg	**	
Glycine	100 mg	**	
L-Phenylalanine	150 mg	**	
Taurine	400 mg	**	
L-Tyrosine	400 mg	**	

re based on 2,000 calorie diet

INGREDIENTS: Fructose, citric acid, taurine, L-tyrosine, guarana seed extract, L-phenylalanine, L-carnitine L-tartrate, vitamin C (L-ascorbic acid), glycine, caffeine, natural lemon flavor, pantothenic acid (from calcium-D-pantothenate), zinc gluconate, niacin (nicotinamide), vitamin E (D-alpha-tocopheryl acid succinate (soy)), vitamin B6 (pyridoxal-5-phosphate), riboflavin mononitrate (vitamin B2), thiamin mononitrate (vitamin B1), chromium picolinate, calcium L-methylfolate, and vitamin B12 (cyanocobalamin).

WARNING: Phenylketonurics - Contains Phenylalanine. Not intended for use by persons under 18. As with all dietary supplements, consult your doctor prior to taking if you are on any prescription medication, under a doctor's care or have any disease or medical condition. Not for use by pregnant or lactating women, or by women attempting to become pregnant. Persons taking monoamine oxidase inhibitors (MAOI's) should only use this product under the supervision of a physician.

Contains Caffeine. This product is unsuitable for young children or those sensitive to Caffeine. Excessive use of Caffeine or L-Phenylalanine may cause irritability, nervousness, sleeplessness, or rapid heart beat - do not consume more than four servings per day.

Allergy Information: This product is processed in the same facility as products containing fish, shellfish, soy and dairy.

Not tested on animals.

Vegan

DIRECTIONS: Dissolve one level 15 cc scoop (13.6 g) in six to eight ounces of water or juice juice, to reach desired sweetness, as an energizing supplement.

Use as desired from one to three times per day. Do not consume more than four servings per day. Keep out of reach of children.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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