Explore The Escape Diamond Cruise 2017

11 - 18 March 2017





Get ready to Escape



On the newest and most exciting ship on the seas! Norwegian Escape, the most innovative ship ever built, is ready to whisk you away to the Caribbean from Miami. Indulging in every whim is what unforgettable vacations are made of. Get ready to chase sunsets on *The Waterfront*. Explore a world of exotic flavors with two new restaurants from Iron Chef Jose Garces. Get closer to paradise with two quintessential Jimmy Buffett venues: Margaritaville at Sea and the 5 O'Clock Somewhere Bar. Sip on some of Napa's best blends at The Cellars, A Michael Mondavi Family Wine Bar. Or try the unique specialty cocktails, hand-crafted by Bar Lab. Be dazzled by Broadway hits like After Midnight.

Taste the difference

Serving a wide variety of culinary delights to please every palate, the complimentary dining options include three main dining rooms, a help-yourself buffet and a variety of casual cafés, grills and on-the-go choices. Plus, the Main Dining Rooms offer a menu that changes daily, Chef's Signature Dishes and carefully selected wine recommendations*, guaranteeing a different culinary adventure with every visit.



Complimentary dining options:

Garden Café
O'Sheehan's Bar & Grill
Deck 7 FWD
Savor
Deck 6 AFT
Taste
Deck 6 AFT
Manhattan Room**
Deck 7 AFT

*Wine is not complimentary in any restaurant or lounge, please see the wine list for pricing.

Did you know?

Norwegian Escape's hull artist, Guy Harvey, is widely recognized as the world's finest marine wildlife artist.



Enjoy a night of gastronomic proportions at one of the many specialty restaurants.

Find your inner foodie at Bayamo Restaurant featuring delicious seafood eats. Bring a hearty appetite to our Brazilian steakhouse, Moderno Churrascaria. And see shrimp fly at Teppanyaki. Whether you're dining inside or oceanside on The Waterfront, the specialty restaurants feature the tastes you'll crave.

Specialty dining options:

Bayamo (A la carte)	Deck 8 MID SHIP
Cagney's Steakhouse (A la carte)	Deck 8 AFT
Food Republic (A la carte)	Deck 8 FWD
La Cucina (A la carte)	Deck 8 FWD
Le Bistro (A la carte)	Deck 6 MID SHIP
Moderno (\$24.95/person)*	Deck 8 AFT
Pincho Tapas Bar (A la carte)	Deck 8 MID SHIP
Teppanyaki (\$29.95/person)*	Deck 6 MID SHIP

*Prices subject to change without notice

Charges apply options:

Dolce Gelato (A la carte)	Deck 8 AFT
Margaritaville (A la carte)	Deck 17 AFT
The Bake Shop (A la carte)	Deck 9 AFT
Atrium Café (A la carte)	Deck 6 MID SHIP

^{**}The Manhattan Room is only open during dinner.

The Waterfront



Connect with the sea on The Waterfront, the quarter-mile oceanfront promenade. Discover a new restaurant or bar each day and night! Pull up a stool at The Cellars wine bar, offering the ultimate wine experience. Dine oceanside at La Cucina and enjoy delicious lobster fettuccine. Or simply bask in the ocean air and watch the sunset with your friends.

Do I need to make a reservation?

Reservations are required for all Specialty Dining restaurants. Although not required for the Main Dining Rooms, it is recommended to ensure you have the dining experience you want and the time you prefer based on availability (particularly if you are with a large party).

Here's how:

Stop by the Restaurant Reservations Desk (Headliner's on Embarkation Day)

Use any digital touchscreen

Use iTV from your Stateroom

Call Restaurant Reservations at ext. 050

Speak with the Haven Concierge (for Haven guests only)

Dress code:

Resort Casual and shorts are allowed in all dining venues except Bayamo, Le Bistro and Cagney's Steakhouse. Shirts and shoes are required.



Taxes on food, beverage and tobaccoWhile in state territorial waters, within the USA, taxes will apply on all relevant food, beverage and tobacco sales.



La Cucina.

Restaurant cancellations

To ensure that all guests receive the best service, the Ship can only hold dinner reservations for 15 minutes, otherwise, the unclaimed reservation will be released.

Take a sip



With so many bars and lounges to discover, finding your favorite may take a few days. Pull up a stool on The Waterfront and pair your favorite vintage with soothing waves at The Cellars – A Michael Mondavi Family Wine Bar. Grab a burger and beer anytime you like at Jimmy Buffett's Margaritaville at Sea. Or Let your hair down in The District Brew House, offering more than 50 different bottled beers and 24 draft beers on tap. Whether you're looking to meet up with friends or make new ones, there's always an opportunity to mix it up.*

Deck 7 FWD
Deck 8 MID SHIP
Deck 8 MID SHIP
Deck 8 FWD
Deck 8 FWD
Deck 17 AFT
Deck 8 AFT
Deck 6 AFT
Deck 8 FWD
Deck 7 AFT
Deck 16 MID SHIP
Deck 17 AFT
Deck 6 MID SHIP
Deck MID SHIP
Deck 16 AFT



The District Brew House



Margaritaville



5 O'Clock Somewhere Bar

^{*}Please note that alcohol is not complimentary and will be charged to your Stateroom.

^{**}These Lounges are also located outside on the Waterfront.

Entertainment for all



When it comes to the entertainment on the Escape, you won't believe your eyes or even your ears. Bask in the bright lights of Broadway with After Midnight. Relive the glorious 1980's at For the Record: The Brat Pack, where classic soundtracks bring the movies to life in an immersive rock 'n roll concert. Or tickle your funny bone at Headliner's Comedy Club by Levity Entertainment Group's roster of top-notch comedians. Sing along at Headliner's with Howl at the Moon dueling pianos.

Featured complimentary entertainment

After Midnight

For the Record: The Brat Pack

Oh What A Night! Tribute to Frankie Valli & Four Seasons

Headliners Comedy Club featuring Levity

Entertainment Group

Live Music Throughout the Ship (See Ship's Schedule Onboard)



After Midnight.



Dining & entertainment

Wine Lovers Musical (set lunch and wine tasting with show – charges apply)



How to catch a show

It is highly recommended to select show times and make reservations in advance.

Here's how:

Stop by the Box Office (Deck 7 FWD)

Call the Box Office at extension 073

Use any digital touchscreen throughout the Ship

Book thru iTV on your stateroom TV

Fitness center, sports complex & spa





Pulse fitness center - Deck 16 FWD

Stay in shape with your favorite workout equipment including treadmills, elliptical's and free weights or even yoga, Pilates and spinning.

Sports complex - Deck 19 AFT

Conquer new heights and new thrills at our Sports Complex. Swing into loads of adventure at our expanded, three-story Ropes Course. Grab your friends for a game of bocce ball at our new court. Or perfect your jump shot during a friendly game of basketball. It's game time!

*Size and weight restrictions apply and vary by ship/activity.



Ropes course - Deck 18 AFT

Feel your heart drop as you zip over the ocean on one of five Sky Rail zip tracks. Let go of every inhibition as you walk across one of two Planks on Norwegian Escape. Experience 99 exhilarating challenges. The expanded, three-story Ropes Course gives "action-packed" a whole new meaning.

Mini golf - Deck 18 AFT

Play 9 holes on our mini golf course with obstacles for all skill levels.



Spa

When you want some "me" time, look no further than Mandara Spa®. Relax with a hot-stone massage, one of over 50 specialty treatments offered. At our onboard spas, treatments range from the classic to the luxurious. Let our pampering professionals soothe and rejuvenate you with facials, massages, acupuncture and a full menu of services.

Spa thermal suite

The Thermal Suite offers a unique experience benefiting the mind and body. Feel the weightlessness and kneading effect of water in the Thalasso Therapy Pool and enjoy a warm waterfall cascading onto your shoulders in the Vitality Pool. Leave the world behind in the dramatic grotto setting of the Salt Room or take a dip in the hot tub. Head to the steam room to soothe joints and alleviate pains. If detox is what you crave, sit down at the sauna to sweat out your cares as your heart and sweat glands work together to purify your body. Then relax with a nap on heated mosaic lounge chairs.

* Charges apply for access to the Thermal Suite

Spa salt room

Our Salt Room mimics natural salt caves found in Eastern Europe. The noninvasive treatment, halotherapy, is relaxing, natural and scientifically proven to improve respiratory and skin ailments and aid in overall wellness.



Snow room

Chill out, literally, in the all-new Snow Room, an ice-cold arctic environment that stimulates blood circulation throughout the body.

Kids Programs





Guppies Nursery

Guppies Nursery: 6 months to under 3 years (Only on the Norwegian Escape)



Splash Academy

Turtles: $3^* - 5$ year olds **Seals:** 6 - 9 year olds

Dolphins: 10 – 12 years old (6 – 12 year olds in low season)



Entourage For 13 – 17 year olds



For Guppies Nursery, Splash Academy, and Entourage, it is recommended that parents register their child(ren) and teen(s) as soon as they board the ship. Any Youth Counselor on board the ship is available to assist. Guppies Nursery also requires reservations to secure a time block session throughout the sailing.

On all ships, a one-time registration form is to be completed by a parent or guardian (if child is not traveling with their parent) for each child/teen age 3 – 17. Children/teens can then participate as frequently as they choose. Norwegian requests that you let the Youth Staff know if your child has allergies and/or is taking any medications by noting this on the Registration Form. On the Norwegian Escape, any parent wanting to use the Guppies Nursery is required to complete a one-time registration form for children ages 6 months to under 3 years old along with securing a reservation for the desired time block session.

*The minimum age eligible for Splash Academy is 3 years old at the time of sailing, based on the child's date of birth, according to their birth certificate or passport reflected on the ships manifest.

Kids Programs Guppies nursery





Guppies programs:

The Guppies Programs offer parents many opportunities to interact with their infants/babies/toddlers and promote growth and development of infants/ babies/toddlers 6 months to 3 years old. Please refer to the Guppies activity program for the location, dates, and times. The schedule varies per ship and itinerary.

The programs are:

Guppies Open Play: A play space for parents and babies to play together with a variety of toys, balls, interactive games, and blocks. This is offered across the fleet and is not a drop off program.

Guppies Hosted Activities: Activities are hosted by the Early Years Coordinator (or Nursery Attendants on the Norwegian Escape) for parents and babies. This is offered across the fleet and is not a drop off program.







Guppies nursery:

The Norwegian Escape offers a fee based Guppies Nursery for children 6 months to under 3 years old. Otherwise, Norwegian Cruise Line does not provide one-on-one care or babysitting on any ship.

Guppies Nursery, drop off, fee based service, on the Norwegian Escape will accept children in diapers 6 months to under 3 years old. All parents are given a handy phone. Certified Nursery Attendants change diapers.

The Guppies Nursery requires an onboard registration per child and reservations for available time blocks throughout the sailing. The programs are created and implemented by certified Nursery Attendants and offers infants/babies/toddlers a wide range of toys, and engaging, sensory, and developmental activities linked to a daily theme.

Kids Programs Splash academy and Entourage



Splash academy is a drop off program for children ages 3 – 12 (Turtles, Seals, Dolphins) offering high energy, interactive, themed based programming.

Splash Academy

Turtles: $3^* - 5$ year olds **Seals:** 6 - 9 year olds

Dolphins: 10 - 12 years old (6 - 12 year olds in low season)



Turtles (ages 3 – 5)

Arts & Crafts and painting Circus School (tiger act, feather balancing) Developmental activities Sensory and messy play Storytelling Treasure hunts



Seals (ages 6 – 9)

Circus School (scarf juggling, plate spinning, spinning rope) Games

Painting

Sports and family activities
Team-building challenges
Treasure hunts
Video games



Dolphins (ages 10 – 12)

Arts and music Circus School Movies Sports Team-building challenges
Themed events and pool
parties
Video games and challenges

Splash Academy will accept children in diapers who are eligible to participate in the complimentary drop-off program. However, Youth Counselors in Splash Academy on any ship are not able to change diapers or pull-ups. The parent or primary guardian is responsible to assist their child and will be given a pager or handy phone to alert them when their child needs assistance and must respond to the page within 15 minutes. For either service, Guppies Nursery or Splash Academy, any parent or at least one authorized pick up person of a child in diapers using the drop off service, on sea days or ports must be reachable and remain on board as pagers and handy phones do not work ashore.

A \$75.00 USD fee will apply and the child will be dismissed from the program if:

- 1. A parent does not respond to a page within 15 minutes.
- 2. A parent or authorized pick up person does not remain onboard during port day services.

*The minimum age eligible for Splash Academy is 3 years old at the time of sailing, based on the child's date of birth, according to their birth certificate or passport reflected on the ships manifest.

Entourage



The Teen hang out for 13 - 17 year olds

Splash Academy and Entourage are complimentary programs, but there is a port day Meal Fee of \$6.00 USD per child/per meal, which applies for the supervision of children during meal times. Depending on the arrival of the ship into port, Port Day Meals may include a combination of breakfast, lunch and/or dinner. Please check the activity program on board for the Port Play Meal(s) time slots.

Late night fun zone



Late Night Fun Zone is a group-sitting, drop off, fee-based service for children ages 3 – 12 years old. Late Night Fun Zone is run by the Youth Staff inside Splash Academy. Late Night programming continues the theme throughout the day.

Hours of operations

Nightly: 10:30 p.m. - 1:30 a.m.

Fees

\$6.00 USD per child/per hour, \$4.00 USD per sibling/per hour

Parents are encouraged to register in advance. A transition time of 15 minutes is offered before charges apply. The Late Night fee is charged to your on-board account. Sign out authorization for 10 – 12 year olds does not apply during Late Night Fun Zone. If no children are registered or dropped off by 11:30 p.m., the youth center will close for the evening.



Great family fun is offered throughout the cruise. Activities are subject to change per ship/itinerary but may include shipboard challenges, a circus show, a movie night, pizza making, scavenger hunts, building block hour, game show challenges and poolside challenges. Please remember that a parent or guardian is required throughout the duration of the activity in order for the child to participate in designated Family Activities.

Other activities





Aqua Park - Deck 16 MID

Grab an inner tube, find a challenger and get to racing at Aqua Racer, the newest tandem waterslide at sea. Scream all the way down as you take the plunge with Free Fall – the fastest waterslides at sea. Get the whole gang together and give the Family Slide a whirl. Or call it a lazy day and lounge by the pools and hot tubs with a frozen drink in hand. However you like to, make a splash, Aqua Park is overflowing with ways to do so.



Kids Aqua Park

They'll splish. They'll splash. They'll definitely have a blast. Whether they want to zoom down a tube slide or get drenched by tipping buckets or water cannons, kids will have the best of times at our new interactive Kids' Aqua Park. This watery wonderland has something to keep the kiddies entertained all day long.

Size and weight restrictions apply and vary by ship/activity.





Spice H2O - Deck 17 AFT

Adults have their very own space on deck. Find a spot in the sun and enjoy your favorite book while relaxing on a chaise lounge. Or enjoy a peaceful moment under a cascading waterfall. Escape to Spice H2O and soak in the serenity and stunning ocean views all around.

Get readyfor an adventure



Whether you're drawn to beautiful scenery, fascinated by history or craving adventure, take home a story of your own on an exciting shore excursion.

Going ashore

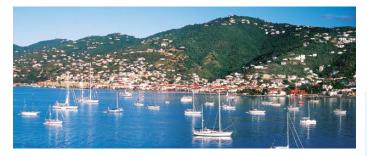
As per local laws at Ports, no food or dairy products are allowed off or on the vessel. Please carry valid photo ID (18+) and your Escape keycard when going ashore. If you are on a Norwegian organized shore excursion, please read and double check your ticket for the meeting time and location. Smoking in the Cruise Terminal areas is strictly prohibited.



Nassau, Bahamas

Seahorse Sail and Snorkel Athol Island Snorkel Charm & Beauty of the Bahamas Atlantis Dolphin Interaction and Beach Day Blue Lagoon Dolphin Encounter

Top five shore excursions



St. Thomas, USVI

PowerCat, Snorkel and Beach St. John Beach Escape and Snorkel Castaway Shipwreck Sail and Snorkel The Best of St. Thomas Legendary Kon-Tiki Beach and Sightseeing



Book your Shore Excursion from your MyNCL Account once you have completed your Online Registration. Or, you can book your excursion using these methods:

Book on iTV from your Stateroom

Book on any digital touchscreen around the Ship The 24-Hour Drop Box and the tickets will be delivered to your Stateroom

At the Shore Excursion Desk located on Deck 6 in the Atrium



Tortola, BVI

Dolphin Encounter or Swim Island Beach Break Virgin Gorda and Baths Best of Tortola and Beach Discover Tortola

Did you Know?

Announcements can be heard on your Stateroom television by tuning into Channel 22.