

Apple Delight

Healthy and a good way to cool off in the summer

INGREDIENTS

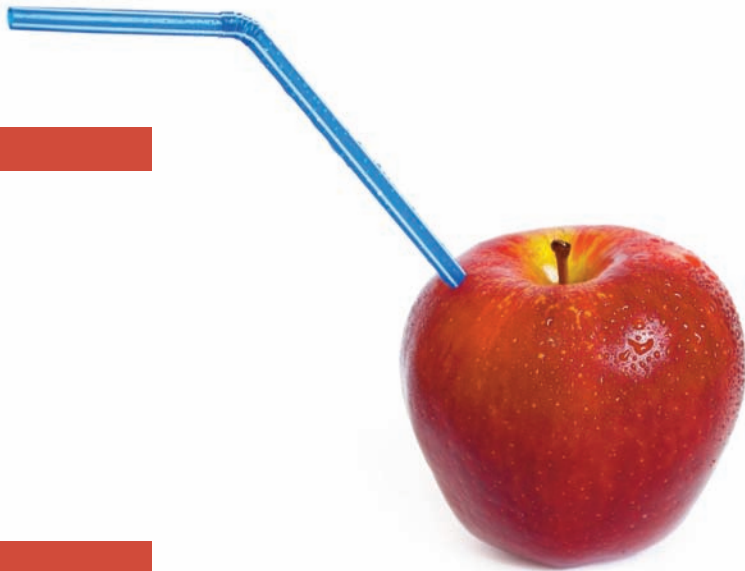
2 Level Scoops (26.4 g) Daily BioBasics

1 Level Scoop (60 cc Scoop) Vanilla Triple Protein Shake

8 – 12 oz (240 to 360 ml) Apple Juice (natural, unprocessed)

DIRECTIONS

Mix together in shaker cup or blender.



Edeltraud Bihler